

## **Podiatry Continuing Professional Development (CPD) Plan April – June 2022**

The Health and Social Care Professions Office, in collaboration with SCPI, are delighted to introduce the upcoming Spring- Summer schedule for CPD for Podiatrists.

### **Aim**

This CPD aims to:

1. Offer opportunities for Podiatrists in the HSE and Voluntary organisations as well as in private practice in achieving their 30 CPD credits over a 12 month period in line with CORU registration requirements.
2. Support the significant development in access to Foot Protection services via the National Clinical Programme for Diabetes across the country prioritisation and additional funding has been given to CPD supporting the development of these posts.
3. Focus on the musculoskeletal, dermatological, vascular and neurological assessment of the high risk foot, for example in Diabetes, and the holistic management of this to prevent and treat ulceration.

### **Structure of Sessions are:**

- Delivered online via Zoom
- Bookable through Eventbrite
- Provide CORU CPD credits (eg 1 hour = 1 credit)

### **Post Session Supports**

1. Certificate of attendance link will be sent within one week of attendance
2. Registrants can also complete a self reflection piece, which can be added to their CORU CPD Folder and will feed into the CORU CPD Process of 'Review, Plan, Implement, Evaluate and Reflect' (contained within certificate of attendance link)
3. Slides, when possible, will be sent to all registrants to keep as a record and to refer back to in CPD learning folders
4. A recording of the session, when possible, will be sent to registrants to review for a period of at least one month to support learning.

### **CORU Self-Reflection Support**

All participants can familiarise themselves with the CORU Guidance on Continuing Professional Development, a useful tool made available by CORU to help support reflection on learning needs and maintaining a CPD folder:

<https://coru.ie/health-and-social-care-professionals/education/continuing-professional-development/cpd-for-podiatrists/>

### **Booking sessions**

**Please register your CPD event places via Eventbrite** (find this by entering the session title). Each session should be booked individually and will be posted to Eventbrite two weeks before it is due to commence. These events are funded for all public service employed podiatrists in Ireland and for a nominal fee of €15 per session for Private Podiatrists to make this accessible for all.

### **Communication Plan**

All CPD schedules will be disseminated through:

1. the SCPI and ICPO communication structure to members,
2. the Podiatry management structures within the HSE
3. the Diabetes National Clinical Programme Podiatrist Lead
4. Informally through podiatry WhatsApp groups (please do share the programmes widely with you podiatrist colleagues working in Ireland)

CPD event queries email to [cpd@podiatryireland.ie](mailto:cpd@podiatryireland.ie), I will respond in working hours (Wed and Thurs).

Best wishes,

Anita Murray; *National CPD Officer for Podiatry, on behalf of HSCP Office and SCPI*

**Spring – Summer 2022 CPD Schedule – Dermatology Series**

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| <p><b>Wednesday<br/>20<sup>th</sup> April<br/>2022</b></p> <p><b>8pm</b></p>             | <p><b>Verruca Pedis, Assessment and Current Evidence on Management</b></p> <ul style="list-style-type: none"> <li>• Review the aetiology of the Human Papilloma virus (HPV)</li> <li>• Update on the latest research on HPV manifestation</li> <li>• Identify the HPV sub-types associated with the foot</li> <li>• Consider the evidence base of treating verrucae</li> <li>• Recommend further reading</li> </ul>  | <p><b>Ms. Belinda Longhurst</b></p>                     |
| <p><b>Wednesday<br/>4<sup>th</sup> May<br/>2022</b></p> <p><b>8pm</b></p>                | <p><b>Dermatomycoses of the Foot as Risk Factors for Acute Bacterial Cellulitis of the Lower Limb</b></p> <ul style="list-style-type: none"> <li>• Update on the latest research on the life cycle of subclinical and pathogenic fungi</li> <li>• Identify on causative microorganisms responsible for with onychomycosis &amp; tinea pedis</li> <li>• Understand the risks associated with dermatophytosis</li> <li>• Consider person-centred management &amp; species-specific treatments in mycoses</li> <li>• Recommend further reading</li> </ul>                       | <p><b>Ms. Belinda Longhurst</b></p>                     |
| <p><b>Wednesday<br/>18<sup>th</sup> May<br/>2022</b></p> <p><b>8pm</b></p>               | <p><b>Maintaining Skin Integrity in the High-Risk foot: Treatment and Management of Fissures and inflammatory disorders</b></p> <ul style="list-style-type: none"> <li>• Review the functional anatomy of the epidermis</li> <li>• Update on the latest research on the association between the skin microbiome and inflammatory disorders</li> <li>• Identify clinical differences between atopic dermatitis &amp; psoriasis</li> <li>• Consider implications of treatment for inflammatory disorders in podiatric practice</li> <li>• Recommend further reading</li> </ul> | <p><b>Ms. Belinda Longhurst</b></p>                     |
| <p><b>Wednesday<br/>1<sup>st</sup> June<br/>2022</b></p> <p><b>8pm</b></p>               | <p><b>Podiatric Skin Care of the Older Patient</b></p> <ul style="list-style-type: none"> <li>• Identify cutaneous changes in the older person and the associated risk factors</li> <li>• Define the appropriate treatments, management, and prevention of common skin disorders in the older person</li> <li>• Incorporate a person-centred care management package to include a regular skin-care regime</li> <li>• Recognise when and where to refer patients to secondary care dermatology</li> </ul>  | <p><b>Ms. Belinda Longhurst</b></p>                     |
| <p><b>Wednesday<br/>22<sup>nd</sup> June<br/>2022</b></p> <p><b>8pm –<br/>9.30pm</b></p> | <p><b>Skin Tumours, Update on Best Practice</b></p> <ul style="list-style-type: none"> <li>• Assessment of skin lesions</li> <li>• Note taking and recording of lesions from a medicolegal standpoint</li> <li>• Making an appropriate referral</li> </ul>   | <p><b>Dr. Ivan Bristow</b></p>                          |
| <p><b>Wednesday<br/>29<sup>th</sup> June<br/>2022</b></p> <p><b>8pm –<br/>9.30pm</b></p> | <p><b>Dermatology Case Studies of the Lower Limb</b></p> <ul style="list-style-type: none"> <li>• Assessment, treatment and management of a range of skin disorders of the foot</li> <li>• Confidence in management of skin conditions and referral processes</li> </ul>   | <p><b>Dr. Ivan Bristow and<br/>Dr. Chin Whybrew</b></p> |